



FOR IMMEDIATE RELEASE

Accuhealth and Lackey Clinic Partner Together to Help Care for Patients

Yorktown, VA — Lackey Clinic, a free and charitable healthcare center, has partnered with [Accuhealth](#) to launch a new program to utilize remote monitoring devices to manage patients' weight-loss, diabetes, and hypertension. The program consists of 40 patients with each patient receiving a nutritionist assessment, nutrition plan, digital scale, Fitbit activity tracker, and, if appropriate, a blood pressure monitor and glucometer.

The Clinic is always researching ways to expand its reach beyond its physical walls, trying to offer cutting-edge services and technology to achieve its mission to help the medically disadvantaged. Accuhealth offered to collaborate with Lackey Clinic, including training Lackey students about the benefits of telehealth and remote patient monitoring, and is donating its services for education purposes to the Clinic free of charge. [Accuhealth](#) is a leader in Remote Patient Monitoring (RPM) services and provides digital devices such as blood glucose meters, blood pressure monitors, and weight scales to medical providers to integrate RPM in their regular practice. Accuhealth offers top-notch security and ease of deployment for its devices, which use integrated 4G network communication, allowing patients to easily record their vitals without needing Wi-Fi or Bluetooth technology.

One of the patients in the program recently began experiencing unexplained shortness of breath, asymmetric facial numbness, and chest discomfort, prompting her to use her Accuhealth blood pressure monitor and Fitbit to check her vital signs. Both devices indicated systolic BPs over 200 and diastolic BPs over 100. The patient was subsequently transported to the Emergency Room for evaluation, where she was noted to be in a hypertensive crisis. Thanks to Accuhealth's technology, the patient was quickly treated, and her blood pressure medications were adjusted for better control.

This event, discovered by the technology she was using, enabled the patient and her family to quickly act upon abnormal readings and seek medical treatment. Because of this, the patient has become motivated to live a healthier life. She has started a regular exercise program 30-90 minutes every day and has cut salt from her diet. Because of these basic lifestyle changes, and being on the Accuhealth remote patient monitoring program, she has already lost 14 pounds, now has more energy, and is suffering from less chronic joint pain.

Lackey Clinic's goal for the program, with the support of Accuhealth, is to continue helping patients have success stories and achieve better health outcomes through the use of RPM services. The Clinic also is involving pre-med students at the College of William and Mary, who are constantly communicating with the patients to encourage them towards their individual goals. The program will last for at least six months; however, some patients with higher initial Body Mass Indexes will potentially stay in the program up to 12 months. The Clinic is collecting and evaluating the data and hopes to further expand the services in the future.

The Lackey Clinic was co-founded in 1995 by Dr. Jim Shaw and his wife, Cooka, as they responded to God's calling to serve "the least of these" (Matthew 25:40). The faith-based Clinic provides a full range of quality healthcare services including primary and specialty medical care, dental care, virtual urgent care, eye care, free and low-cost medications, behavioral health counseling, telehealth services, and spiritual care for uninsured adults. For more information about Lackey Clinic, please visit: lackeyclinic.org

Accuhealth empowers physicians with the right data to stay ahead of negative health outcomes to keep patients healthy, happy, and out of the hospital. Founded in 2018, Accuhealth is a leading healthcare technology provider of turn-key remote patient monitoring solutions worldwide, providing hardware, software, and first-line 24/7/365 clinical monitoring to physicians with real-time vital information and AI-enhanced data. Accuhealth's services yield improved outcomes, increased patient satisfaction, reduced costs for payors, and increased revenue for clinics. Accuhealth's touchpoints as a service makes remote monitoring a breeze for providers, their patients, and clinical staff. Accuhealth is remote patient monitoring made easy and done right. Visit accuhealth.tech for more information.

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